

Minds Change

Dorothy C. Le Grove, Park Quadrant, Glasgow, G3 6BS
www.mindschange.com, email – mindschange@hotmail.com mob - 07815 751 158

Memory Training

Half Day Course

There is little scientific evidence that a photographic memory exists, rather studies have shown that individuals who can retain vast amounts of information are actually employing simple but highly effective memory strategies. This course teaches tools which will allow you to

- Deliver presentations without notes, effortlessly.
- Learn everything you need for the interview and have it at your fingertips.
- Learn a technique which ensures that you never go blank again.
- Embed vast amounts of information with instant recall.
- Take exams with confidence

Dorothy C. Le Grove BSc(Hons) BA PG Cert(Hyp) BSCH studied Clinical Hypnotherapy with the University of West London and graduated with distinction. She has helped business owners, students, actors and stand-up comedians overcome their nerves by teaching them how to absorb and retain vast amounts of information allowing them to go on stage, stand up in presentations or take exams knowing that they have all the information at their fingertips. A small investment for a lifetime of recall.